

SAINT KATHERINE GREEK ORTHODOX CHURCH

5965 N. Wickham Road, Melbourne, Florida 32940

Church Phone: (321) 254-1045 fax (321) 821-0450 Church hall: (321) 254-1445

email: admin@saint-katherine.org - website: www.saint-katherine.org

FATHER DEMETRI TSIGAS

fatherdemetri@saint-katherine.org;

Orthros: 9:00 AM

Divine Liturgy: 10:00 AM

Fellowship Hour: Noon

Church office hours: Mon. through Fri. 10 a.m. to 3:00 p.m. / Saturday & Sunday closed

~ VISION & MISSION STATEMENT ~

Our Vision (dream) is to be a growing, loving, united Orthodox Christian family open to all.

*Our Mission (job) is to grow our faith in Christ through love and respect,
with humility and forgiveness.*

Sunday March 22, 2020

7th Morning Gospel - Grave Mode

3rd SUNDAY OF LENT

VENERATION OF THE HOLY CROSS

Martyr Basil of Ancyra (+362)

Martyr Kalliniki (+252)

New Martyr Euthymios (+1814)

Martyr Drosis (Daughter of Trajan +99)



~ **Welcome to Our Guests** ~

We are delighted that you are with us today. Please keep in mind that according to the Holy Canons and teachings of the Orthodox Church, you must be a baptized and chrismated member of the Orthodox faith in good standing in order to receive Holy Communion. You are welcome to receive a portion of the blessed bread (antidoron) distributed at the end of the Divine Liturgy. Please join us for fellowship hour following services.

Divine Liturgy of St. Basil

Τοῦ Σταυροῦ - Ἦχος - p. 180

(Veneration of the Holy Cross & Elevation of the Holy Cross)

Σῶσον, Κύριε, τὸν λαόν σου, καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

Ἀπολυτίκιον Ἀναστάσιμον – σ. 122 - 124

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον· ἠνέωξας τῷ Ληστῇ τὸν Παράδεισον· τῶν Μυροφόρων τὸν θρήνον μετέβαλες· καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας· ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Resurrectional Apolytikion p. 123 - 125

By Your cross, O Lord, You destroyed death; to the thief You opened paradise. The myrrhbearers' sorrow You transformed into joy, and You sent Your apostles forth to proclaim that You had risen from the dead, Christ our God, bestowing on all the world Your great mercy.

For the Cross – Tone - p. 181

Save, O Lord, save Your people, and bless Your inheritance, give victory to those who battle evil and protect us all by Your holy cross.

Ἀπολυτίκιον τῆς Ἁγίας Αἰκατερίνης - Ἦχος Πλ. Α'

Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν * Αἰκατερίναν τὴν θεῖαν καὶ πολιούχον Σινά * τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν· ὅτι ἐφίμωσε λαμπρῶς * τοὺς κομψοὺς τῶν ἀσεβῶν * τοῦ Πνεύματος τῆ δυνάμει· καὶ ὡς Μάρτυς Κυρίου στεφθεῖσα * αἰτεῖται πάσι τὸ μέγα ἔλεος.

Apolytikion of St. Katherine - Plagal 1st Mode

The all-blessed bride of Christ let us extol in song * Katerina the divine and protector of Sinai * our assistance and unfailing firm support; * for she did muzzle brilliantly * the ungodly clever men by the power of the Spirit. And now as a crowned Martyr * the great mercy she pleads for all of us.

Κοντάκιον - Ἦχος Δ' - σ. 268 - 270

Τῆ υπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν,
ευχαριστήρια, Αναγράφω σοι ἡ Πόλις σου, Θεοτόκε. Ἀλλ' ὡς ἔχουσα
τό κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ελευθέρωσον
Ἴνα κράζω σοι, Χαίρει, Νύμφη ἀνύμφευτε

Kontakion - 4th Tone - p. 269 - 271

Victorious Lady, mighty champion, defending us, we your servants now
inscribe to you in this hymn of thanks, for you rescued us from suffering
and tribulation. Theotokos, with your power that can never fail, keep us
safe from every danger our whole life long that we may cry to you: Re-
joice, O Bride unwedded.

The Reading is from St. Paul's Letter to the Hebrews 4:14-16; 5:1-6

BRETHREN, since we have a high priest who has passed through the heav-
ens, Jesus, the Son of God, let us hold fast our confession. For we have not
a high priest who is unable to sympathize with our weaknesses, but one
who in every respect has been tempted as we are, yet without sin. Let us
then with confidence draw near to the throne of grace, that we may re-
ceive mercy and find grace to help in time of need. For every high priest
chosen from among men is appointed to act on behalf of men in relation to
God, to offer gifts and sacrifices for sins. He can deal gently with the igno-
rant and wayward, since he himself is beset with weakness. Because of this
he is bound to offer sacrifice for his own sins as well as for those of the
people. And one does not take the honor upon himself, but he is called by
God, just as Aaron was. So also Christ did not exalt himself to be made a
high priest, but was appointed by him who said to him, "Thou art my Son,
today I have begotten thee"; as he says also in another place, "Thou art a
priest for ever, after the order of Melchizedek."

The Reading is from The Gospel of Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself
and take up his cross and follow me. For whoever would save his life will
lose it; and whoever loses his life for my sake and the gospel's will save it.
For what does it profit a man, to gain the whole world and forfeit his life?
For what can a man give in return for his life? For whoever is ashamed of
me and my words in this adulterous and sinful generation, of him will the
Son of man also be ashamed, when he comes in the glory of his Father
with the holy angels." And he said to them, "Truly, I say to you, there are
some standing here who will not taste death before they see the kingdom
of God come with power."

Please pray for our:

Spiritual Leaders: Patriarch Bartholomew; Archbishop Elpidophoros; Metropolitan Alexios; Bishop Sevastianos & Fr. Demetri

Civil Leaders: President Donald Trump, US Congress & Supreme Court; Governor Ron DeSantis; County Commissioners, all our civil authorities & armed forces.

Parish Leadership: Parish Council, Philoptochos, Chanters, Choir, Sunday & Greek School teachers & students, Youth & Dance Group leaders and children.

Those who are sick, awaiting surgery, recovering from surgery, in need of prayers and/or shut in: Alexandra Diamond, Mae Charos, Bill Werner, Olga Bouras, Savannah & Zander Kelly, Mirsini Sirounis, Suzanne Orosz, Faye Nicholas, JoAnne Macheras, Anne Cominos, Angela DeCosta, Jim & Marlaine Manus, George & Siham Kanazeh, Anna Kokotis, Leah Thomas, Mary & Pete Faines, Robert & Vel, Katie, George & Steven, Carlo Sedney, Georgia Menegas, Brandon Gilsean, Aurelia Bocanu, Peter & JoAnn Zuras, Kris & Jonathan, Athena Giglio, Fr. Nicholas Harris & Matushka Anastasia, Peter, Alice & Jim Zavitsanos, Michael Cora & family, Harry Paris, Samuel Smith, Kosta, Anastasia, Maggie & Andromahi Theodorou, Peter Katsoulas, Stylianos Theodorou, Manny, Androniki, Margie Clore, Nick & Nora Yanas, Bob & Mary Jane Dearman, Dottie Phillips, Karen, Ainsleigh Grace Brems, Lenny Lloyd, Matt F., Paula, Courtney B., Baby R., Mark, Kathy, Konstantina, Martin, Crum Family, Bruce, Renna & Marie Irene Kragenbrink, Wayne, Maria, Alexis, Mike, Penny & Joseph Jones, Mark & Christine Balba, Efstratia Triantafilou, Kathy S., Rubin Meraz, Fr. Michael & Pani Karen Miklos, Lisa Wadell, Thomas Xenakis, Penny, Katherine, Eileen McKartin, Valerie Kobzarenko, Mary Pappas, baby William & Family, Elaine Demopoulos, Tom Skarlis, Dorothy & James Booker, Yvonne Yacoub, Kathy Mudrick, Michael Donohue, Konstantina, Rosemary George, Linda Bilissis, Despina, Howard & Kiki Davidow, Rebecca Ballard, Maria Bangos, Sherry, Sasha Morrison, Sophonie, Jonathan Haley, Claudette Waltz, Nick Tsamoutales, Baby Maxwell, Leah Thomas, Sherry, Marcie. Sylvia Demopoulos, Ann Xenakis, Michael Goodwin.

Those preparing for the birth of a child: Craig & Alexis Tharp, Christina Koumarians.

Those preparing for Baptism: Nicolas & Julie Melitas for Baby Kosmas. Carl & Kayla Hawkins for Cecilia, Peter & Marina Zavitsanos, for Elias James, Constantinos.

Those serving in the Armed Forces: Joseph Abadiotakis, Jr., Harold David Ballard, George Peter Biniaris, Nicholas Cannaverde, James Christian Figari, Travis Hunter, Ethan Macheras, Elias Panayiotis Maldonado, Matthew Ryan Stinnett, Nicholas Tsamoutales, Yanni Tshontikidis, Klis T. Zannis, Zach.

First Responders - Police, Fire & Rescue: Blake (Andrew) Ballard, Kevin Cincimino, Nicole Contos, Firefighter/Paramedic Panayiotis (Taki) Panayiotopoulos, Victoria Pappademetriou. All Healthcare workers.

For the protection of Christians being persecuted for their faith.

For the protection and freedom of the kidnapped Metropolitan Boulos Yazigi and Archbishop Yohanna Ibrahim, both of Aleppo, Syria.

College Students: Arianna & Theodora Bendlin, Mikhail Budko, Barbara Brewster, Elizabeth & Michael Courey, Joseph Daniel Figari, Tony Galanopoulos, Marianthi & Callia Karas, Kimberley & Dana Marie Koines, Jennifer Loso, Evgenia Miller, Melanie & Michelle Niarhos, Elena Panouses, Victoria Pappademetriou, Nikoleia Paterakis, Catherine & Maria Psarakis, George Saad, Nick Sackaris, Catie & Sydney Sergis, Alex Stathis, Costas Stathis, Catherine Triantafyllidis, Jordan Tsigas, Thomas Tsoukalas, Demetri Droumbalas, Zechariah Baker, Yanni Tsoukalas.

WE WILL ONLY LIST NAMES OF COLLEGE STUDENTS FOR WHOM AN EMAIL ADDRESS IS SUBMITTED. SO PARENTS & GRANDPARENTS, PLEASE SUBMIT YOUR STUDENT'S EMAIL TO THE CHURCH OFFICE.

(If you know of anyone that should be added or removed from this list, please call the Church office.)

**Please turn your cell phones & pagers off
or on vibrate before entering Church**



~ TODAY ~

VENERATION OF THE HOLY CROSS



~ Upcoming Events ~

Wed., Mar. 18th - Presanctified Liturgy - 6 pm - followed by Lenten pot luck

Fri., Mar. 20th - Salutations to the Theotokos - 6 pm

Wed., Mar. 25th - Annunciation of the Most Holy Theotokos - Orthros 9 am

Divine Liturgy 10 am

Presanctified Liturgy - 6 pm

Fri., Mar. 27th - Salutations to the Theotokos - 6 pm

Sat., Mar. 28th - 11am-3pm, Brevard Zoo/Treetop Trek. Cost and exact time

TBD

Wed., April 1st - Presanctified Liturgy - 6 pm - followed by Lenten pot luck

Fri., April 3rd - Salutations to the Theotokos - 6 pm



SOUP FOR THE SOUL HAS BEEN CANCELLED FOR THIS SUNDAY.

ORATORICAL FESTIVAL FOR MARCH 29TH HAS BEEN POSTPONED.

NEW DATE TBA.

PALM SUNDAY & PASCHA LUNCHEONS HAVE BEEN CANCELLED

We will have more information for food availability for both events.

Dear Stewards and Faithful members of St. Katherine's spiritual family,

Depending on who you listen to in the Orthodox world, you are hearing many similar but different messages. Our Metropolitan has asked that we conduct our services through the end of the month privately with as few people as possible present. He has also asked that we stream our services for parishioners to attend from their homes over their computers. We are in the process of setting this up through our parish website: www.Saint-Katherine.org. (By the way, updated messages from the Metropolitan and the parish will be posted on our website.)

In the meantime, we will be streaming this Sunday's service on our parish's Facebook page with Facebook Live. The doors of the church will remain unlocked for personal prayer so that you may come to light a candle, make your stewardship offering, pray, pick up antidoron (tongs will be used) and a flower (this Sunday is the Veneration of the Holy Cross – the halfway point of Great Lent). The doors of the church will remain open after the service for two hours for you to come for private prayer. If you are sick or at-risk, please stay home. If you come, please be vigilant in practicing social distancing, hand washing/sanitizing and disinfecting. We will do the same. Fr. Demetri will remain at church during this time if anyone wants to come to receive Holy Communion privately. Again, the instruction is to receive "Arabic style", opening your mouth and waiting for him to drop the Body and Blood into your mouth (without closing your mouth on the spoon). If there is a line, please practice social distancing (at least 3-6 feet between you and those around you).

The church office will be staffed but it is closed to visitors. If you need to contact the church office, please call or email. Do NOT visit the office in person.

We are trying to make arrangements for Palm Sunday and for our Pascha Luncheon. We are seeking to have a "to go" option for our faithful, taking orders in advance to be picked up. Please support our parishioner businesses as best you can during this time. Consider placing a "to-go" or delivery order to support parishioner restaurants.

Please understand that our healthcare workers and first responders are on the front-lines of this war against Covid-19. I can tell you first-hand that our local hospitals are already beyond their capacity for our county even during the regular course of things. An explosion of Wuhan Virus cases in our county will completely overwhelm our local healthcare system. That is why we must all be vigilant in minimizing our exposure, hand washing/sanitizing often, practicing isolation and social distancing. Let's look out for one another. Call or video-stream with family and friends. If you are home with your children, spend quality time with them in prayer and discussion. The Psalms are a great source of comfort and prayer, especially at times like this. I encourage you to read and pray them together as a family, as well as the special prayer provided by our Metropolitan Alexios.

I listened in to a call today with Florida pastors by Florida Senator Marco Rubio. He is a

man of faith and encourages us all to live our faith. He outlined however the real concerns about large gatherings of people at this time, especially in mega-churches. Live streaming of services is what he is asking for. Prayer is what he is asking for. He is also championing a bill that will support small businesses to

In closing, I want to share with you the following prayer:

"A Special Prayer for Protection and Healing from the New Pandemic" (To be said before the dismissal)

Priest: Let us pray to the Lord.

People: Lord, have mercy.

Priest: (Standing in-front of the Holy Doors, facing east) O Lord, our God, the rich, merciful and wise in His care: in Your wisdom take care of our lives, hear our prayers, accept our repentance for our sins, and stop this rampant pandemic in the same way that You did stop punishing Your people in the days of David the King. O Physician of our souls and bodies: grant healing to those infected by this pandemic, and let them rise quickly from their pain to glorify You, O merciful Savior; as for those who are healthy, protect them from any disease.

Bless, O Lord, and support all those who care with love and sacrifice for the sick wherever they are found, whether they are at home or in hospitals, and keep them with Your grace. Protect Your people from all disease and pain, and teach us to value life and health as Your gifts.

Grant us, O God, Your peace, and fill our hearts with firm faith in Your care, and with love towards You and our neighbor. Have mercy on us, and save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

People: Amen.

(Issued by the Holy Synod of the Romanian Church March 11, 2020)

May God have mercy on us all.

Faithfully,

+Fr. Demetri Tsigas

God is Love. We are created in God's Image.

WE WERE CREATED TO LOVE!

Imperfect people in a fallen world serving a Perfect and Holy God!

2020 STEWARDSHIP

Abadiotakis	Tassos & Rose	McNay	Tatiana & Rue
Ballard	Harold & Daniela Broadhurst	Melitas	Nick & Julie
Brewster	Maria & Danny	Metropulos	Constantine & Megan
Charos	Gus & Mae	Miller	Ken & Tatiana
Connelly	Tom & Viola	Moody	Bessie Rogers & Michael
Contakos	George	Orosz	William & Karen
Copoulos	Joanna	Owens	James & Estelle
Coumbos	Demetrios & Janice	Palios	Leonidas & Dorsy
Demopoulos	Sylvia	Panagouleas	Panagiotis
Diakakis	Julia & Dionysios	Papageorge	James & Diana
Dishaw	James	Pappas	Mary D.
Dodge, Jr.	Robert & Evelyn	Pavlakos	Ellen
Droumbalas	Demetri	Petros	Jeanne Olga
Droumbalas	Maria & Dean	Psarakis	Mark & Effie
Echevarria	Dail & Despina	Rist	Mary
Fernandez	Jorge & Elena	Roman	Andrew & Evangelia
Galanopoulos	Theo & Mary Ellen		Fotopoulos
Grant	Merrill	Roman	Arte & Kris
Grimanis	John & Maria	Roman	Daniel & Brenda
Haley	Jonathan & Larisa Talley	Roman	George & Elaine
Hallal	Georgette	Roman	Stephen & Sarah
Hassel	Evangelia & Brent	Roman	Tresa
Hawkins	Michael & Ioanna	Saad	Ayad & Georgette
Husayko	Robert & Elaine	Samitas	Mary
Karas	Steven & Valerie	Samitas	Maryelen
Komon	Thomas	Savakis	George & Maria
Koontz	Charlie	Schultz	Tony & Nicole
Koumarios	Janice	Sebekos	Helen
Koursaris	Laura & Constantine	Sergis	Catherine
Kragenbrink	Bruce & Renna	Smith, IV	Samuel
Kreiser	Annina & David	Soteropoulos	Stella
Lekas	Andreas & Elizabeth	Stathis	Demetrios & Diana
Loso	Jennifer	Triantafyllidis	Constantine & Stella
Loso	Steven & Patricia	Tsigas	Fr. Demetri & Presvytera
Luke	Louka & Elenie		Eleni
Mandros	Aliki	Tsoukalas	Peter & Carol
Mantouvalos	Antonios & Niki	Villiotis	Demetrios & Gail
Mara	Bernard & Susan	Viollis	Paul & Karen
Marangakis	Alex & Marcia	Werner	William

White Jennifer
Whitehead Evangeline
Zannis Tom & Gloria
Zarnas Esther
Zuras Peter & JoAnne

IF YOUR NAME DOES NOT APPEAR HERE &
YOU'VE PAID TOWARDS STEWARDSHIP,
YOU HAVE NOT FILLED OUT A 2020
STEWARDSHIP FORM. YOU CAN FILL ONE
OUT ON LINE OR PICK UP A
STEWARDSHIP FORM IN THE NARTHEX.



Scholarship Applications
now Available from
Philoptochos & AHEPA
Call the Church office for applications



STEWARDSHIP PRAYER

In the name of Father and of the Son and of the Holy Spirit Amen.

Lord Jesus Christ our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your Holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy and love. May Your name be glorified forever. Amen.



2020 STEWARDSHIP

79 Stewards Pledging \$116,230.

Paid to date: \$38,227.

Average per family \$1,471.

**14 Friends of St. Katherine have
donated \$7,860.**

HAVE YOU FILLED YOUR 2020 PLEDGE FORM?

For where your treasure is, there your heart will be also.

Luke 12:34

THE JESUS PRAYER

Κύριε Ἰησοῦ Χριστέ, Υἱέ Θεοῦ,
ἐλέησόν με τὸν ἁμαρτωλόν.
(τὴν ἁμαρτωλὴν if prayed by a female)

Lord Jesus Christ, Son of God,
have mercy on me a sinner.